

# HAND - WASHING ACTIVITY

Georgia Health Performance Standard 1: Students will comprehend concepts related to health promotion and disease prevention to enhance health.

Proper handwashing can help prevent the spread of disease. According to the Centers of Disease Control (CDC) a person should wash their hands...

- Before, during and after preparing food
- Before eating food
- Before touching eyes, nose and mouth
- After visiting a public place
- After using the restroom
- After blowing your nose, coughing or sneezing
- After touching an animal, animal feed or animal waste
- After touching garbage

**Create a public service announcement that illustrates six or more steps to proper handwashing. Show your creative side and make a brochure, flyer or even a recording!**

- **Be sure to emphasize the importance**
- **Site your sources**
- **Upload your project to your teacher's digital learning site**
- **Share on social media and tag @HealthMPowers**



[www.cdc.gov/handwashing/when-how-handwashing.html](http://www.cdc.gov/handwashing/when-how-handwashing.html)