HAND-WASHING ACTIVITY

Proper handwashing can help prevent the spread of disease. According to the Centers of Disease Control (CDC) a person should wash their hands...

- Before, during and after preparing food
- Before eating food
- Before touching eyes, nose and mouth
- After visiting a public place
- After using the restroom
- After blowing your nose, coughing or sneezing
- After touching an animal, animal feed or animal waste
- After touching garbage

Create a public service announcement that illustrates six or more steps to proper handwashing. Show your creative side and make a brochure, flyer or even a recording!

- Be sure to emphasize the importance
- Site your sources
- Upload your project to your teacher's digital learning site
- Share on social media and tag @HealthMPowers

www.cdc.gov/handwashing/when-how-handwashing.html

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